

## **Sunshine Daily Events**

**November 2017**

### **Mondays**

9:00 Morning Gratitude

10:00 Core Exercises

11:00 Black Jack

1:00 Card Bingo

2:30 Card Bingo at Hillview

### **Tuesdays**

10:00 Walking Club

10:30 Coffee Club

1:30 Surprise Activity

2:45 Treat Time!

### **Wednesdays**

9:00 St. Anthony's

Hairdresser

Manicures (1st, 15th, 29th)

9:30 Fun Exercise

(alternates with Manicures)

10:30 Dice

1:00 Shuffleboard

### **Wednesdays continued**

2:00 Bingo at Hillview

3:00 Bible Study (200 Wing)

4:00 Church Service

6:30 Nickel Bingo

### **Thursdays**

9:00 Wheel of Fortune

10:00 Crafts

1:30 Animal Races

3:00 Let's Talk About.....

### **Fridays**

10:00 Core Exercises

11:00 Your Choice Game

1:30 Washu

2:45 Puttering Around

### **Saturdays**

2:00 Bingo at Hillview

6:30 Bingo at Sunshine

### **Sundays**

Alternates between Cribbage and  
Canasta

\*Activities may change, please check boards daily\*